



# Deben Swimming Club

[www.debenswimmingclub.co.uk](http://www.debenswimmingclub.co.uk)

Chairman: Ian Cotton  
Secretary: Elaine Claydon

Affiliated to ASA East Region & Suffolk County ASA

## Deben Open Meet 7 October 2016 3ER161899 15-16 October 2016 3ER161900

Deben Swimming Club invite you to their  
Open Meet at Deben Swimming Pool, Woodbridge.

<b>Date</b>	Long distance events 7 October 2016 Main events 15-16 October 2016
<b>Venue</b>	Deben Swimming Pool, Woodbridge. The pool length is 25m, six lanes, equipped with electronic timing and anti-wave lane ropes.
<b>Age Groups</b>	As at 16th October 2016. Age groups 9, 10, 11, 12, 13, 14 and 15 and over.
<b>Cost</b>	The Entry Fee is £4.50 per event. This will be a cardless meet and all details of accepted/rejected swimmers will be posted on the club website. No details will be sent by post. Please check the posted details on our web site and notify us of any corrections.
<b>Acceptances</b>	This is not a first come, first served meet. Entries must be not faster than the cut-off times. If the meet is over-subscribed, entries will be rejected ensuring a balance across age groups. Where time permits, time-only swims be accepted for swimmers who are faster than the cut-off times but these swims will not qualify for awards. Swims in the 800m and 1500m will be restricted to 4 heats for 800m and 3 heats for 1500m. If these events are oversubscribed, the slowest swimmers in each group will be rejected first. Preference may be given to swimmers who have entered more than one event. Electronic entries are preferred. Entry file set for HYTEK Team Manager is available from <a href="http://www.debenswimmingclub.co.uk">www.debenswimmingclub.co.uk</a> . Electronic entries should be submitted to the promoter by the closing date with details of payment at <a href="mailto:debensc.vicechair@hotmail.co.uk">debensc.vicechair@hotmail.co.uk</a> All other entries must be on the official entry form (photocopies and electronic entries accepted), and MUST include the entrants ASA registration number together with all entry fees. Paper entries will incur an admin fee of £2 per swimmer. No entries will be accepted after the closing date or during the meet unless due to promoter's error or omission. Cheques payable to DEBEN SWIMMING CLUB.



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<b>Events</b>	Closing dates for entries is 30 <sup>th</sup> September 2016. No refunds after closing date. All events will be Heat Declared Winners and consist of:- 50m, 100m & 200m all 4 strokes; 400m Freestyle; 100, 200m & 400m IM; 800m freestyle for girls and 1500m freestyle for boys. Heats will be swum with all age groups combined and swimmers seeded by entry times.
<b>Awards</b>	Awards will be given to the top three placed swimmers in listed age groups in each individual event as detailed in the qualifying times.
<b>Starts</b>	Over the top starts will be used at the promoter's discretion.
<b>Data Protection</b>	Entries will be managed using meet software, and by entering the meet it will be deemed that all swimmers have given consent, as required by the Data Protection Act, to the holding and distribution of personal information, required to enable the running of the meet.

## General Information

1. Swimmers entrance will be through the main pool entrance at the front of the building.
2. Spectator tickets and programmes will be available at the table at the spectator's entrance in the Community Centre which is situated towards the rear of the pool.
3. A raffle will be held on each day of the meet. Tickets will be available in the Community Centre.
4. Car parking is available close to the pool. The nearest car park is Station Road. Payment at this car park may be made by mobile phone. At the time of writing the current cost for a day is £2.50. For up to date information about parking charges, see the Suffolk Coastal website <http://www.suffolkcoastal.gov.uk/yourdistrict/carparks/>
5. Coaches/chaperones passes are available to Coaches supporting competing swimmers. They include a Programme.
  - £3 for Friday evening
  - £12.00 for Saturday or Sunday including food, £8.00 without food
  - Coaches Passes must be ordered with entries.
  - Pool Side Passes can not be bought on the day unless identity is verified by a club official and proof of CRB check is produced.
6. Awards will be available for collection as soon as possible after the publication of results for the event.
7. Results will be made available on the club website [www.debenswimmingclub.co.uk](http://www.debenswimmingclub.co.uk) as soon as possible after the meet. Alternatively, electronic results may be collected by presenting a USB memory stick to the promoter at the event.
8. Refreshments will be available for swimmers and spectators on Saturday and Sunday. Hot food will be available on both days, including bacon rolls in the morning and an alternative at lunch times.
9. A swim shop will be available during the meet. Facilities are available to try on costumes.





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10. In accordance with the recommendations of the ASA Child Protection Policy, any person wishing to use any camera, video or digital capturing device (including mobile phones) should first register their details on the approved ASA form provided at the spectator entrance with proof of identity. An identification label will be issued which must be on show at all times. This policy will be vigorously enforced and any person found to be contravening this policy will be asked to leave the gala without refund.
  11. Any conditions not covered in the above will be at the discretion of the promoters Deben Swimming Club and includes any alterations to the program and warm up times as necessary.
  12. The safety of all competitors, officials and spectators is of paramount importance. During this event announcements concerning your safety will be made in accordance with the recommendations of the ASA. The organisers ask everyone to pay particular attention to these announcements and instructions. Also please keep all emergency exits clear of obstruction and follow all the safety instruction given by the organisers or the Sports Centre staff.

Promoter: Sarah Elmer 01473 620042 email : [debensc.vicechair@hotmail.co.uk](mailto:debensc.vicechair@hotmail.co.uk)



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