



DEBEN SWIMMING CLUB LICENSED OPEN MEET

07 October 2016 3ER161899

15-16 October 2016 3ER161900

Deben Pool Woodbridge

Held under ASA Laws and ASA Technical Rules

SCHEDULE OF EVENTS

SESSION 1 - Friday 7 October											
No	Event	Gender	Age Group	18.30	Warm Up	Approx end	No	Event	Gender	Age Group	
101	800 Free	F	10yrs+	19.00	Start	21:00	102	1500 Free	M	10yrs+	

SESSION 2 - Saturday 15 October						SESSION 3 - Saturday 15 October					
No	Event	Gender	Age Group	08.30	Warm Up	13:00	No	Event	Gender	Age Group	
201	400 Free	F	9yrs+	09.30	Start	14:00	301	400 Free	M	9yrs+	
202	50 Back	M	9yrs+	12:10	Approx end	16:45	302	50 Breast	F	9yrs+	
203	50 Back	F	9yrs+				303	50 Breast	M	9yrs+	
204	100 Breast	M	9yrs+				304	100 Back	F	9yrs+	
205	100 Breast	F	9yrs+				305	100 Back	M	9yrs+	
206	200 IM	M	9yrs+				306	200 IM	F	9yrs+	
207	200 Fly	F	9yrs+				307	200 Fly	M	9yrs+	

SESSION 4 - Saturday 15 October											
No	Event	Gender	Age Group	17:30	Warm Up	No	Event	Gender	Age Group		
401	100 IM	F	9yrs+	18:15	Start	403	200 Free	F	9yrs+		
402	100 IM	M	9yrs+	20:15	Approx end	404	200 Free	M	9yrs+		

SESSION 5 - Sunday 16 October						SESSION 6 - Sunday 16 October					
No	Event	Gender	Age Group	8.30	Warm Up	13:30	No	Event	Gender	Age Group	
501	400 IM	F	9yrs+	9.30	Start	14:30	601	400 IM	M	9yrs+	
502	50 Fly	M	9yrs+	12:30	Approx end	16:45	602	100 Fly	F	9yrs+	
503	50 Fly	F	9yrs+				603	100 Fly	M	9yrs+	
504	200 Back	M	9yrs+				604	200 Breast	F	9yrs+	
505	200 Back	F	9yrs+				605	200 Breast	M	9yrs+	
506	100 Free	M	9yrs+				606	50 Free	F	9yrs+	
507	100 Free	F	9yrs+				607	50 Free	M	9yrs+	