



Deben Swimming Club

www.debenswimmingclub.co.uk

Affiliated to ASA East Region & Suffolk County ASA

SATURDAY SPRINTS

15th September 2018

RULES AND CONDITIONS.

Licence Number TBC 4ERxxxxx

GENERAL

1. The Competition will be held under ASA Laws and Regulations and ASA Technical Rules of Racing and to the ASA Open Meet Licensing Criteria.
- 1a. The meet is Licensed at Level 4.
2. All entrants must be members of Deben Swimming Club and Cat1 or Cat 2 ASA members.
3. All pool length IS 25 metres, 6 lanes. The depth of the shallow end is 0.9 metre at Woolverstone.
4. It is the responsibility of coaches to ensure that swimmers are competent to the standard of the ASA Competitive Start Award. Swimmers may start in the water but must inform the relevant official before the start of the race.

ENTRIES

5. Age at date will be the day of competition.

THE COMPETITION

6. Sign-in sheets will be posted before the warm-up for each session. Swimmers should clearly indicate that they are present and which swims they intend to participate in.
- 6a. Swimmers must report to the Competitors' Stewards when instructed to do so by the announcer. Any competitor not reporting in time may be excluded.
7. All events will be run as timed finals.
8. Over the top starts may be used at the referee's discretion.
9. No added swims or time trials will be available at the meet unless due to the promoter's error or omission.

ADDITIONAL INFORMATION

12. Deben Swimming Club accepts no responsibility for loss or damage to personal property and requests that all persons remove their belongings if they leave the premises at any time. Any lost property not claimed from the announcer at the end of the competition will be handed to Deben Pool Management or Ipswich High School for Girls for collection by the owner.
13. In accordance with the ASA Child Safeguarding Policies and Procedure any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms. Should you have any concerns about photography or filming at this event then please bring them to the attention of the promoter. Note that any photography in the changing rooms is absolutely forbidden by both the club and the swimming pool management.
14. Competitors must be suitably dressed and with the appropriate footwear whilst on poolside. No exterior footwear is allowed on poolside unless exclusively used for the purpose of poolside shoes. Swimmers are not allowed elsewhere in the building or in the spectator area with wet swimwear.



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15. Entries to this meet will be held on a computer and consent to the holding of personal information as required by the Data Protection Act 1998 will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoter.
16. Spectators, officials and competitors are asked to familiarise themselves with the location of all emergency exits and must abide by any rules laid down by the venue management.
17. By submitting an entry, competitors and coaches are agreeing to be bound by these rules.
18. The promoters reserve the right to refuse admission to any person.
19. Results will be available on the Club website at www.debenswimmingclub.co.uk as soon as possible after the meet. Results will be emailed to British Swimming for inclusion in the national Rankings database.
20. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to ASA Laws, Regulations and the ASA Technical Rules of Racing.

Promoter: Sarah Elmer
debensc.competition@outlook.com



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