

# SESSION THREE WARM UP SCHEDULE

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
<b>8.30am - 8.42am</b>					
NEWMARKET	NEWMARKET	NEWMARKET	NEWMARKET	NEWMARKET	NEWMARKET
<b>8.43am - 8.55am</b>					
BOTTISHAM	ST IVES	ST IVES	ST IVES	MARCH	WISBECH
					CAMBRIDGE
					MARCH
<b>8.56am - 9.08am</b>					
FIRST STROKES	FIRST STROKES	ST NEOTS	ST NEOTS	MILDENHALL	HUNTINGDON
<b>9.09am - 9.21am</b>					
NEWHAM	NEWHAM	DEBEN	DEBEN	DISS	DISS