

SESSION FIVE WARM UP SCHEDULE

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5.00pm to 5.10pm					
FIRST STROKES	FIRST STROKES	DISS	DISS	BOTTISHAM	BOTTISHAM
				WISBECH	
5.11pm to 5.21pm					
HUNTINGDON	NEWHAM	NEWHAM	ST NEOTS	ST NEOTS	MARCH
				MILDENHALL	
5.22pm to 5.32pm					
ST IVES	ST IVES	ST IVES	DEBEN	DEBEN	DEBEN
					CAMBRIDGE
5.33pm to 5.43pm					
NEWMARKET	NEWMARKET	NEWMARKET	NEWMARKET	NEWMARKET	NEWMARKET