



Suffolk County Championships 2019

Entry Information

Dear Club Representative,

Please use the following guidelines when submitting entries to the Suffolk County Championships 2018. **Failure to follow these guidelines will result in the entire entry file for the club being returned for corrections.**

The closing date for entries into the long distance events is midday on 4th January 2019. The closing date for entries into the main Championships is midday on 18th January 2019. Relay entries, including seed times, should be submitted with other entries.

1. This is the first year of using SportSys for entries, which should ease the process.
2. Times should have been achieved from 1st March 2018.
3. To enter the reverse long distance events, ensure that the Swim button is green Y, regardless of whether a time is retrieved from Rankings. Please provide evidence of the swimmer's seed and qualifying times as required by the rules (see rule 17).
4. Relay teams may be submitted with or without swimmer names in the first instance. Clarification of swimmers who are competing in relays must be received by the start of warm-up for Session 9. Date of birth and ASA registration details for swimmers who have not competed in the main Championships must also be submitted by this time.

Your help in submitting your entries in accordance with these guidelines is appreciated.

Regards

Sarah Elmer
Championship Secretary
Suffolk ASA