



## SUFFOLK COUNTY ASA DEVELOPMENT MEET 2019



License No. 3ER191853

**AT CROWN POOLS, IPSWICH**

<i>Female Qualifying times</i>						<i>EVENT</i>	<i>Male Qualifying times</i>					
<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15+</u>		<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15+</u>
0:44.0	0:41.0	0:39.0	0:37.0	0:36.0	0:34.0	<b>50 Free</b>	0.46.0	0.43.0	0.40.0	0.37.0	0.34.0	0.32.0
1:36.0	1:28.0	1:20.0	1:14.0	1:11.0	1:09.0	<b>100 Free</b>	1.48.0	1.39.0	1.28.0	1.20.0	1.12.0	1.07.0
3:24.0	3:08.0	2:54.0	2:44.0	2:37.0	2:29.0	<b>200 Free</b>	3.35.0	3.10.0	2.52.0	2.44.0	2.30.0	2.25.0
0:48.0	0:46.0	0:42.0	0:40.0	0:39.0	0:38.0	<b>50 Back</b>	0.53.0	0.50.0	0.45.0	0.41.0	0.37.0	0.36.0
1:48.0	1:42.0	1:32.0	1:23.0	1:19.0	1:18.0	<b>100 Back</b>	1.52.0	1.45.0	1.35.0	1.30.0	1.22.0	1.17.0
3:40.0	3:29.0	3:10.0	2:56.0	2:50.0	2:49.0	<b>200 Back</b>	3.59.0	3.39.0	3.25.0	3.09.0	2.52.0	2.45.0
0:55.0	0:53.0	0:48.0	0:46.0	0:44.0	0:43.0	<b>50 Breast</b>	1.03.0	0.58.0	0.50.0	0.46.0	0.42.0	0.41.0
2:00.0	1:55.0	1:45.0	1:37.0	1:34.0	1:31.0	<b>100 Breast</b>	2.10.0	2.03.0	1.50.0	1.44.0	1.32.0	1.29.0
4:10.0	4:00.0	3:40.0	3:26.0	3:20.0	3:14.0	<b>200 Breast</b>	4.22.0	4.10.0	3.45.0	3.30.0	3.19.0	3.05.0
0:55.0	0:51.0	0:46.0	0:41.0	0:38.0	0:37.0	<b>50 Fly</b>	1.00.0	0.56.0	0.51.0	0.45.0	0.42.0	0.40.0
2:00.0	1:55.0	1:45.0	1:35.0	1:25.0	1:20.0	<b>100 Fly</b>	2.10.0	2.00.0	1.48.0	1.33.0	1.25.0	1.17.0
4:15.0	4:05.0	4:00.0	3:45.0	3:35.0	3:20.0	<b>200 Fly</b>	4.25.0	4.10.0	3.50.0	3.35.0	3.20.0	3.05.0
1:46.0	1:42.0	1:30.0	1:26.0	1:23.0	1:20.0	<b>100 IM</b>	1.55.0	1.44.0	1.35.0	1.30.0	1.22.0	1.17.0
3:45.0	3:30.00	3:20.0	3:05.0	2:55.0	2:50.0	<b>200 IM</b>	3.55.0	3.35.0	3.19.0	3.10.0	2.55.0	2.48.0

**Times to be achieved since 1st July 2018  
Age at 31/12/2019**

**Closing date for entries: noon on 04/06/2019**

Version No: Final

Date: 28/03/2019